it is recommended that one takes a toxin binder like cholestyramine or activated charcoal
i thought about that too but i wasn’t sure as that particular period was just as long and as heavy as my
regular periods of 7 days (first four are heavy and last day or two is are spotting)

mom fell down the cellar stairs thank goodness my son and i were home and able to help her
among some 500 online posts (a lot, for the subscription-only times) i’d say that at least 90 per cent were
hostile to her argument, and many of them biliously so